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ANAESTHESIA<sup>®</sup>

# Keep the Beat Going: Anaesthesia of the Failing Heart

Free Webinar Summary



**Speaker**

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# 10 Steps for Success:

1

Careful physical examination +/- echocardiography, +/- thoracic radiographs, +/- ECG prior to the day of procedure

2

Stabilise cardiac disease and re-schedule procedure if necessary

3

Understand how different types of cardiac disease impact anaesthetic aims

4

Minimise stress while awake (handling techniques, environment, premedication, recovery sedation, good analgesia)

5

Pre-oxygenate

6

Avoid sympathetic response to intubation

7

Always intubate and provide oxygen +/- positive pressure ventilation

8

Give preference to drugs with minimal effects on HR and vascular tone

9

Provide adequate, but careful, fluid therapy

10

Monitor HR (CONTINUOUSLY!), RR (CONTINUOUSLY!), ETCO<sub>2</sub>, BP and SpO<sub>2</sub>. Plus ideally ECG.